



Undergraduate Requirements

Requirements for new students admitted spring 2003 or later.

Students admitted to Metropolitan State University must attend New Student Orientation. Students must complete assessments in reading, writing and math by the end of their first semester. Students transferring fewer than 16 semester credits must also complete METR 101: Your Academic Journey during their first year after admission.

General Education/Liberal Studies/

Minnesota Transfer Curriculum (MnTC)—48 credits

The university's general education/liberal studies (GELS) requirements address the 10 goal areas of the Minnesota Transfer Curriculum. To complete general education, students must complete 40 credits addressing the 10 goal areas outlined below. To complete liberal studies, students must complete eight additional credits at the upper-division level (300-level or higher).

General Education Goals/MnTC (40 or more credits)

Goal I: Communication—Two writing courses—introductory and intermediate writing (6 or more credits).

One oral or visual communication course (3 or more credits).

Note: Students placing at the intermediate level on the university's writing assessment are required to complete intermediate-level writing only.

Goal II: Higher Order Thinking—Students who complete the university's general education requirements will have met this goal.

Goal III: Natural Sciences—At least one course including a laboratory, simulation or field experience (3 or more credits).

Goal IV: Mathematical/Logical Reasoning—At least one course at or above the college algebra level (3 or more credits).

Note: This requirement is waived for students placing above the college algebra level on the university's higher level math assessment.

Goal V: History and the Social and Behavioral Sciences—At least two courses from two different disciplines (6 or more credits).

Goal VI: Humanities and the Fine Arts—At least two courses from two different disciplines (6 or more credits).

Goal VII: Human Diversity in the U.S. (3 or more credits).

Goal VIII: Global Awareness (3 or more credits).

Goal IX: Ethical and Civic Responsibility (3 or more credits).

Goal X: People and the Environment (3 or more credits).

Liberal Studies (8 or more credits)

All students must complete eight upper-division semester credits (300-level or higher) from the approved GELS course list. Courses marked with an asterisk (*) do not fulfill liberal studies requirements.

GELS Electives

Students who have completed the general education goal areas and liberal studies requirements may still need additional credits to

bring the total to 48. Any course listed for Goals I–X (courses marked with an asterisk [*] are excluded) may be used as electives.

Overlap

- Only eight credits may be used to meet both GELS and major requirements; an unlimited number of GELS courses may be used to meet major prerequisites and minor requirements.
- Courses may be used to meet a maximum of two general education goals, but only if one goal is in Goals I–VI and the other goal is in Goals VII–X.
- 300-level or higher courses used to meet the liberal studies requirement may overlap with only one goal area.

Summary of Graduation Requirements

General education	40
Liberal studies	8
Major requirements	36–63*
Minimum free electives	13
Minimum total credits to graduate	120–124*

*Depends on major

Minimum upper-division credits (300-level or higher; one-third of total)	40–41
Minimum credits completed at Metropolitan State	30

Notes

- Students who have completed the Minnesota Transfer Curriculum since fall 1995, or who have earned an associate of arts (A.A.) degree from a Minnesota community college or state university, do not need to complete general education requirements at Metropolitan State. However, these students must meet the university's liberal studies requirement. This exemption does not apply to the A.S., A.A.S. or other associate degrees.
- GELS requirements may be met by transfer courses or by courses completed at Metropolitan State.
- Courses approved for a goal area at another MnSCU institution will apply to the same goal area at Metropolitan State.
- Students with fewer than 16 credits must take METR 101: Your Academic Journey; all students with fewer than 30 credits may benefit from this course as well.
- Courses must be at least two semester credits (or three quarter credits) to apply toward GELS categories; other courses may be used as GELS electives.
- Some courses may be used as GELS electives but may not be used to meet the goal area or liberal studies requirements (see GELS course list).

Fall 2005 Summer/Fall

2003 General Education and Liberal Studies Course List

Spring 2003 GELS

This is the official list of Metropolitan State University courses that meet the 2003 General Education and Liberal Studies (GELS) requirements. These apply to students admitted to the university spring 2003 and after. Up to eight credits may be used to meet both major and GELS requirements. A course may be used to fulfill a maximum of two goals but one goal must be within Goals I–VI and the other goal within Goals VII–X. A course used to fulfill Liberal Studies may be used for only one goal area.

Note: *students need 48 unduplicated credits to complete GELS. When courses are used to meet two requirements, the credit is only counted once.*

Goals I–VI

Only courses numbered 399 or below and bearing two or more semester credits may be used to meet Goal Areas I–VI.

Goal I: Communication

Writing (two courses, six or more credits)

First course—one of the following:

- Writ 131 Writing I
- Writ 132 Written and Visual Communication

Second course—one of the following:

- Writ 231 Writing II
- WmnS 231 Writing II: Gender and Writing
- Writ 261 Business Writing
- Writ 271 Technical Writing
- Writ 331 Writing in your Major

Note: *Writ 101 Basic Writing does not count for GELS requirements.*

Oral and Visual Communication (three or more credits)

- Comm 103 Public Speaking
- Comm 201 Storytelling
- Comm 231 Interpersonal Communication
- Comm 301 Connections: Introduction to Communication Studies
- Comm 302 Advanced Public Speaking
- Comm 331 Interpersonal Communication for the Helping Professions
- Comm 332 Negotiation
- Comm 341 Family Communication
- Comm 342 Conflict Mediation
- Comm 351 Communication in Work Groups
- Comm 352 Organizational Communication
- Comm 361 Managerial Communication
- Ling 111 Vocabulary Study
- MdSt 361 Visual Communication
- MdSt 363 Children and the Media
- Psyc 314 Group Dynamics and Facilitation
- Rdng 112 The Educated Reader: Analytical Reading
- Thea 246 Topics in Performance
- Thea 331 Voice: Speaking from Experience
- Thea 345 Theater Arts: Acting Off Stage and On

Goal II: Higher Order Thinking

Students who complete the university's general education requirements will have met this goal.

Goal III: Natural Sciences

(three or more credits; at least one course including a laboratory, simulation or field experience)

- Biol 101 Introduction to Life Sciences
- Biol 105 Human Biology
- Biol 106 Biology of Women
- Biol 111-111L General Biology & Lab
- Biol 112-112L General Biology II & Lab
- Chem 111-111L General Chemistry & Lab
- Chem 112-112L General Chemistry II & Lab
- Chem 151 Chemistry for the Nonscientist
- Geol 101 Introduction to Geology
- Geol 110 Introduction to Earth Sciences
- NatH 201 Nature Study
- NatH 202 Minnesota Lake Ecology
- NatH 203 Plants and Human Affairs
- Phys 110 Introduction to Physical Science
- Phys 111 General Physics I
- Psyc 312 Research Methods
- Psyc 345 Biopsychology

Goal IV: Mathematical/Logical

Reasoning (three or more credits; at least one course at or above college algebra)

- Math 110 Math for the Liberal Arts
- Math 115 College Algebra
- Math 120 Precalculus
- Math: any course, 200-level or higher
- Phil 204 Introduction to Symbolic Logic
- Stat 201 Statistics I

Goal V: History and the Social and Behavioral Sciences

(courses from two or more disciplines, six or more credits; only courses numbered 399 and below)

- Anth: all courses
- CJS 101 Introduction to Criminal Justice
- CJS 340 Comparative Criminal Justice
- CJS 360 Diversity Issues in Criminal Justice
- Econ: all courses
- EthS 303 Politics of Resistance and Protest Movements
- EthS 304 Race and Ethnicity: Environmental Justice and Public Policy
- EthS 305 Major Issues in U.S. Race Relations
- EthS 306 Politics of Mixed Racial Identity
- EthS 309 The Color of Public Policy
- EthS 310 Cross-cultural Issues in Organizations
- EthS 313 Theories of International Development
- EthS 332 Topics in Contemporary Native North America
- EthS 342 Contemporary Perspectives on African-American Community
- EthS 352 Chicanismo Culture and Values
- Geog: all courses
- Hist: all courses
- HSer 300 Violence: Origins and Explanations
- HSer 301 Violence: Individual, Community and Global Responses
- HSFS 143 The Family: A Social/Psychological Exploration
- HSFS 338 Family: Racial, Gender and Class Dimensions
- HSFS 339 Issues and Actions in Family Policy
- HSFS 341 Work and Family

- HSFS 342 Children in U.S. Society
- HSSG 374 Aging in America: A Personal Challenge
- Ling 316 The Nature of Language
- Ling 326 Language and Culture
- Ling 327 Language and Society
- Ling 346 Language and Gender
- Pol: all courses
- Psyc: Psyc 100 General Psychology and all courses 200-level or higher, except Psyc 312 Research Methods, Psyc 314 Group Dynamics and Facilitation, Psyc 345 Biopsychology
- SSci: all courses
- Soc: all courses
- WmnS 340 Women's Health
- WmnS 345 Economics of Diversity

Goal VI: Humanities and the Fine

Arts (courses from two or more disciplines, six or more credits; only courses numbered 399 and below)

- Arts: all courses
- Comm 200 Creating Change Through CWA
- CJS 375 Criminal Justice Ethics
- EthS 200 Theories of Race, Ethnicity and Culture
- EthS 250 Introduction to Chicano Studies
- EthS 100 Introduction to Ethnic Studies
- EthS 302 Immigration and the New World
- EthS 311 Understanding Racial and Ethnic Groups in the United States
- EthS 361 History of Asian Americans
- Fren: all 300-level or higher courses
- Hum: all courses
- ImdA: all courses
- Lit: all courses
- MdSt 330 Topics in Film Studies
- MdSt 370 Contemporary Cinema
- MdSt 371 American Films: Traditions and Trends
- Musc: all courses
- Phil: all courses, except Phil 204 Introduction to Symbolic Logic
- RelS: all courses
- Scrw 313 Beginning Screenwriting
- Span: all 300-level or higher courses
- Thea: all courses except Thea 331 Voice: Speaking From Experience, Thea 345 Acting Off Stage and On, Thea 346 Topics in Performance
- WmnS 201 Introduction to Women's Studies
- WmnS 270 Gender, Race, and Popular Culture
- WmnS 370 Women Writers in Literature and Film

Goals VII–X

Note: *A course used for Goals VII–X may overlap once with Goals I–VI or once with Liberal Studies. No course may be used twice within Goals VII–X. Courses marked with an asterisk (*) do not fulfill Goal Areas I–VI or Liberal Studies requirements.*

Goal VII: Human Diversity in the United States

- (three or more credits)
- Anth 301 Approaches to Cultural Anthropology
 - Anth 302 Gender and Culture
 - Anth 303 Anthropological Perspectives on Diversity
 - Anth 304 Anthropology of Religion
 - Anth 308 Archeology: Explaining the Past
 - Anth 309 New Neighbors: The U.S. Hmong Community

1998 Undergraduate Requirements and GELS Course List

This document includes the graduation requirements and the official list of Metropolitan State GELS courses for students admitted to the university from fall 1998 through fall 2002.

General Education Requirements

40 semester credits

All students must complete 40 semester credits distributed in the categories described below.

Liberal Studies Requirements

8 semester credits

All students must complete eight upper-division semester credits (the equivalent of 300-level or higher) selected from the general education core areas described below.

Summary of Credit Requirements

General education	40
Liberal studies	8
Major requirements	36–63*
Minimum free electives	13
Minimum total credits to graduate	120 to 124*
* <i>Depends on major.</i>	
Minimum upper-division credits (one third of total)	40–41
Minimum credits completed at Metropolitan State	30

Core Areas

Only courses numbered 399 or below and bearing three or more semester or quarter credits may be used to meet Core Area General Education requirements.

Communication

Writing (two courses)

For approved courses, see Goal I under 2003 GELS List.

Oral and Visual Communication (one course)

For approved courses, see Goal I under 2003 GELS List. In addition, the following courses can be used:

Fren: all 100 and 200-level courses
Hmng: all 100 and 200-level courses
Span: all 100 and 200-level courses

Mathematics

For approved courses, see Goal IV under 2003 GELS List.

Natural and Physical Sciences

(one course)

Biol: all courses
Chem: all courses
Geol: all courses
NatH: all courses
Phys: all courses
Psc 312 Research Methods
Psc 343 Drugs and Behavior: An Introduction to Behavioral Pharmacology

Social and Behavioral Science

(two courses from two different disciplines)

For approved courses, see Goal V under 2003 GELS List. However, students fulfilling the 1998 GELS may not use history to meet this requirement.

Humanities

(two courses from two different disciplines)

For approved courses, see Goal VI under 2003 GELS List. In addition, students fulfilling the 1998 GELS may use history to meet this requirement.

General Education and Liberal Studies Electives

Students who have completed the general education core areas and liberal studies may still need additional credits to bring the total to 48. Any course listed on the 2003 GELS list (*courses with asterisk (*) excluded*) may be used as electives.

Cultural Diversity and Global Awareness

Note: Students must complete one course in cultural diversity and a different course in global awareness. Only courses bearing three or more semester or quarter credits may be used to fulfill these two requirements. Courses meeting either of these requirements may also be used to fulfill other general education or major requirements. *Courses marked with an asterisk (*) do not fulfill general education or liberal studies requirements.*

Cultural Diversity in the United States (one course)

For approved courses, see Goal VII under 2003 GELS List. In addition, the following courses may be used:
Hmng: all courses
Span: all courses

Global Awareness (one course)

For approved courses, see Goal VIII under 2003 GELS List. In addition, the following courses may be used:

Fren: all courses
Hmng: all courses
Span: all courses

Notes:

- Students who have completed the Minnesota Transfer Curriculum since fall 1995, or who have earned an associate of arts (A.A.) degree from a Minnesota community college or state university since 1985, do not have to complete the general education requirements at Metropolitan State. However, students with this general education exemption must still meet the university's liberal studies requirements. This exemption does not apply to the A.S., A.A.S., or any other associate degrees.
- GELS requirements may be met by transfer courses or courses completed at Metropolitan State.
- Courses must be a minimum of three semester or quarter credits to meet the core area, cultural diversity, global awareness and liberal studies requirements. This restriction does not apply to general education electives.
- Students with fewer than 16 credits must take METR 101 Your Academic Journey; all students transferring fewer than 30 semester credits will benefit from taking this course.
- Up to 12 credits used to meet major requirements or prerequisites may also be used to meet general education and liberal studies requirements.
- Liberal studies requirements may not be used to fulfill any other GELS requirements.
- Core area requirements may also be used to fulfill either cultural diversity or global awareness requirements.
- Some courses may be used as GELS electives but cannot be used to meet the core areas, liberal studies, cultural diversity and global awareness (see 2003 GELS course list).