

GELS 2024-2025

General Education/Liberal Studies/Minnesota Transfer Curriculum 2024-2025 Course List

This course list is current as of November 22, 2024. For the most current information view the Current GELS/MnTC list on the Class Schedule page at www.metrostate.edu. This is the official list of Metropolitan State University courses that meet the General Education and Liberal Studies (GELS) requirements for all undergraduate students admitted to the university. To meet the university's General Education and Liberal Studies (GELS) requirements, students must complete each of the 10 goal areas of the Minnesota Transfer Curriculum (MnTC) and complete 48 unduplicated credits.

Eight (8) of the 48 credits must be upper division (300-level or higher) to fulfill the university's Liberal Studies requirement. Each course title is followed by a number in parenthesis (4). This number indicates the number of credits for that course. Course titles followed by more than one number, such as (2-4), indicate a variable-credit course.

Superscript Number:

- Superscript number (10) indicates that a course meets more than one goal area requirement. For example, NSCI 20410 listed under Goal 3 meets Goals 3 and 10. Although the credits count only once, the course satisfies the two goal area requirements.
- Separated by a comma (3,LS) indicates that a course will meet both areas indicated.
- Separated by a forward slash (7/8) indicates that a course will meet one or the other goal area but not both.

Superscript LS (LS):

- Indicates that a course will meet the Liberal Studies requirement.

Asterisk (*):

- Indicates that a course can be used to meet goal area requirements, but cannot be used as General Education or Liberal Studies Electives.

Goal 1: Communication (six or more credits in writing; three or more credits in oral and visual communication)

Introductory Writing (one course required)

Note: students must place at the intermediate level on the university's writing assessment essay to be exempt from this requirement.

WRIT 121 Writing I Intensive (5)
WRIT 131 Writing I (3)
WRIT 132 Written and Visual Communication (3)

Intermediate Writing (one course required)

TCID 261 Business Writing (3)
TCID 271 Technical Writing (3)
WRIT 231 Writing II (3)
WRIT 232 Research Writing in the Digital Age (5)
WRIT 331^{LS} Writing in Your Major (4)

Oral and Visual Communication

COMM 103 Public Speaking (3)
COMM 231 Introduction to Interpersonal Communication (3)
COMM 320^{9,LS} Individual Rights and Public Discourse (4)
COMM 321^{LS} Gender, Sport and Communication in the U.S. (4)
COMM 331^{LS} Interpersonal Communication in the Helping Professions (4)
COMM 351^{LS} Communication in Work Groups (4)
COMM 352^{LS} Organizational Communication (4)
COMM 361^{LS} Managerial Communication (4)
COMM 372⁷ Health Communication (4)

INFS 340^{5,LS} Research in Special Collections and Archives (4)
LING 111 Vocabulary Study (3)
MDST 210 Introduction to Social Media and Online Community (4)
MDST 361^{LS} Visual Communication (4)
MDST 363^{LS} Children, Adolescents and the Media (4)
PSYC 314^{LS} Group Dynamics and Facilitation (4)
RDNG 112 The Educated Reader: Analytical Reading (4)
TCID 330^{LS} Science Communication (4)
THEA 201⁶ Storytelling (3)
THEA 331^{LS} Voice: Speaking from Experience (4)
THEA 345^{LS} Acting III (4)
THEA 346^{LS} Topics (2-4)

Goal 2: Critical Thinking

Students who complete the university's general education requirements will have met this goal.

Goal 3: Natural Sciences

(seven or more credits including a laboratory; + indicates the needed lab for previous listed course)

BIOL 101	Introduction to the Life Sciences (4)	BIOL 225	Basic Microbiology (4)	+CHEM 112L	General Chemistry II Laboratory (0)
BIOL 105	Human Biology (4)	+BIOL 225L	Basic Microbiology Laboratory(0)	CHEM 311 ^{10,LS}	Environmental Chemistry (3)
BIOL 106	Biology of Women (4)	CHEM 102	Introduction to Chemistry (4)	+CHEM 311L	Environmental Chemistry Laboratory (2)
BIOL 107	Biology, Race, and Racism (4)	CHEM 105	Survey of General, Organic and Biochemistry (4)	CHEM 332LS	Organic Chemistry II (4)
BIOL 111	General Biology I (4)	CHEM 107 ¹⁰	Chemistry, Society and the Environment (4)	+CHEM 332L	Organic Chemistry II Laboratory (1)
BIOL 112	General Biology II (4)	CHEM 108	The Science of Cooking (4)	CHEM 361 ^{LS}	Inorganic Chemistry (5)
BIOL 221	Human Anatomy and Physiology I (4)	+CHEM 108L	The Science of Cooking Laboratory (0)	GEOL 110	Introduction to Earth Sciences (4)
+BIOL 221L	Human Anatomy and Physiology I Laboratory (0)	CHEM 111	General Chemistry I (4)	GEOL 118 ¹⁰	Environmental Geology (4)
BIOL 222	Human Anatomy and Physiology II (4)	+CHEM 111L	General Chemistry I Laboratory (0)	LAW 367	Exploring Forensic Science (4)
+BIOL 222L	Human Anatomy and Physiology II Laboratory (0)	CHEM 112	General Chemistry II (4)		

NSCI 201 ¹⁰	Minnesota Ecology and Conservation Biology (4)	PHYS 105 ¹⁰	Air, Weather and Climate (4)	PSYC 312 ^{LS}	Research Methods (5)
NSCI 204 ¹⁰	Environmental Science (4)	PHYS 110	Introduction to Physics (4)	PSYC 345 ^{LS}	Biopsychology (5)
NCSI 206 ¹⁰	Garden Science (4)	PHYS 111	General Physics I–Algebra Based (5)	PSYC 391 ^{LS}	Sensation and Perception (4)
PHYS 101	Introduction to Astronomy (4)	PHYS 211	Calculus Based Physics I (5)		
		PSYC 309 ^{LS}	Cognitive Psychology (4)		

Goal 4: Mathematical/Logical Reasoning (three or more credits)

Note: This requirement is waived for students placing above the college algebra level on the university's higher level math assessment.

MATH 110	Math for the Liberal Arts (4)	MATH 310 ^{LS}	Calculus III: Multivariable Calculus (4)	MATH 375 ^{LS}	Complex Variables (4)
MATH 115	College Algebra (4)	MATH 315 ^{LS}	Linear Algebra and Applications (4)	PHIL 204	Introduction to Symbolic Logic (4)
MATH 120	Pre-calculus (4)	MATH 320 ^{LS}	Introduction to Probability and Statistics (4)	STAT 201	Statistics I (4)
MATH 210	Calculus I (4)			STAT 301	Analysis of Variance and Multivariate Analysis(4)
MATH 211	Calculus II (4)	MATH 340 ^{LS}	Mathematical Modeling (4)	STAT 311	Regression Analysis (4)
MATH 215	Discrete Mathematics (4)	MATH 350 ^{LS}	Ordinary Differential Equations (4)	STAT 321	Biostatistics (4)
MATH 301 ^{LS}	Introduction to Analysis (4)	MATH 370 ^{LS}	Modern Geometry (4)		

Goal 5: History and the Social and Behavioral Sciences (six or more credits from two or more disciplines)

ANTH 101 ¹⁰	Human Origins (3)	ETHS 352 ^{7LS}	Latina/o Cultural Politics (4)	HIST 342 ^{7LS}	The Sixties Experience (4)
ANTH 102 ⁸	Introduction to Cultural Anthropology (4)	ETHS 363 ^{7LS}	Asian American Women: Myths and Realities (4)	HIST 344 ^{LS}	From Reagan to Obama: America Since 1980 (4)
ANTH 302 ^{8LS}	Gender in Sociocultural Perspective (4)	ETHS 375 ^{7LS}	Black Life in Wealth and Poverty (4)	HIST 346 ^{LS}	Minnesota History (4)
ANTH 304 ^{8LS}	Religion, Culture, and Society (4) (4)	ETHS 380 ^{7LS}	Special Topics in Ethnic Studies (2-4)	HIST 348 ^{9LS}	U.S. Legal History: A Survey (4)
ANTH 308 ^{LS}	Archeology: Explaining the Past (4)	GEOG 201 ¹⁰	Introduction to Geography (3)	HIST 350 ^{LS}	Europe: Creation and Conflict, 1500–1789 (4)
ANTH 309 ^{7LS}	New Neighbors: The U.S. Hmong Community (4)	GNDR 201 ⁷	Introduction to Gender and Women's Studies (4)	HIST 351 ^{8LS}	Europe: The Global Power, 1789–Present (4)
ANTH 310 ^{8LS}	Anthropology of Masculinity (4)	GNDR 345 ^{8LS}	Global Perspectives on Gender (4)	HIST 353 ^{LS}	Topics in European History (4)
ANTH 320 ^{8LS}	Globalization, Culture, and Society (4)	GNDR 367 ^{7LS}	Transgender Identities (4)	HIST 353A ^{LS}	Topics in European History (4)
ANTH 321 ^{8LS}	Cultural Anthropology: Focus on Mexico and Central America (4)	GNDR 375 ^{7LS}	Intersectionality (4)	HIST 354 ^{8LS}	History of the Holocaust (4)
ANTH 328 ^{7LS}	Anthropology of Immigrants and Refugees (4)	GNDR 380 ^{7LS}	Fandoms, Stanning, Gender and Sexualities in Popular Culture (4)	HIST 355 ^{LS}	Problems of Contemporary Europe in Historical Perspective (4)
ANTH 329 ^{7LS}	Race and Ethnicity: Sociological and Anthropological Perspectives (4)	HIST 101	The American Past: To 1865 (3)	HIST 357 ^{LS}	Gender in Early Modern Europe (4)
ANTH 383 ^{7LS}	Careers in Social Issues: Applied and Public Anthropology and Sociology (4)	HIST 102	The American Past: From 1865 (3)	HIST 361 ^{8LS}	Africa: From Ancient Times to 1800 (4)
CJS 101	Introduction to Criminal Justice (3)	HIST 103	World History I: Patterns of Civilization to 1500 (3)	HIST 362 ^{8LS}	Africa: From Colonialism to Independence (4)
CJS 318 ^{LS}	Women, Crime, and Justice (3)	HIST 104	World History II: The Modern World, 1500 to the Present (3)	HIST 363 ^{10LS}	World Environmental History (4)
CJS 340 ^{8LS}	Comparative Criminal Justice (3)	HIST 140	History in the News: Variable Topics (2-4)	HIST 364 ^{7LS}	Black Slavery and Resistance in North America(4)
CJS 340A ^{8LS}	Comparative Criminal Justice (3)	HIST 200 ⁸	Geneology in Global Context (4)	HIST 366 ^{8LS}	Palestine/Israel since 1880: Histories of a Conflict (4)
CJS 350 ^{LS}	Citizenship: Community Involvement (3)	HIST 301 ^{LS}	Historical Interpretation (4)	HIST 370 ^{8LS}	Behind the Great Wall: The Real China (4)
CJS 354 ^{LS}	Restorative Justice (4)	HIST 303 ^{LS}	U.S. Economic Life: Business (4)	HIST 371 ^{8LS}	Understanding Modern Japan (4)
CJS 360 ^{7LS}	Diversity Issues in Criminal Justice (3)	HIST 304 ^{7LS}	U.S. Economic Life: Working People (4)	HIST 372 ^{8LS}	History of Japanese Popular Culture (4)
ECON 200	Intro to Economics for Non-business and Non-economics Majors (3)	HIST 305 ^{LS}	U.S. Economic Life: Technology (4)	HIST 373 ^{8LS}	U.S.-Japanese Relations from a Racial Perspective (4)
ECON 201	Macroeconomics (3)	HIST 309 ^{9LS}	Women and Public Activism (4)	HIST 382 ^{8LS}	Colonies, Challenge, and Change: Latin American History to 1910 (4)
ECON 202	Microeconomics (3)	HIST 310 ^{7LS}	American Indian History (4)	HIST 383 ^{LS}	Latin America History II: 1910 to Present (4)
ECON 311 ^{10LS}	Economics of the Environment (4)	HIST 311 ^{7LS}	African American History (4)	HIST 389 ^{8LS}	Monuments, Memory, and History (2-6)
ECON 313 ^{LS}	Labor Economics (4)	HIST 312 ^{7LS}	Beginnings of American Society: Colonial and Revolutionary History (4)	HIST 391 ^{LS}	The Crusades: Origins and Global Perspectives (4)
ECON 314 ^{8LS}	International and Comparative Economics (4)	HIST 313 ^{LS}	The American Presidents (4)	HIST 394 ^{8LS}	Comparative Women's History (4)
ECON 315 ^{7LS}	Economics of Diversity (4)	HIST 315 ^{7LS}	The Civil Rights Movement in the 1960s (4)	HIST 395 ^{LS}	The Rise and Fall of Communism (4)
ECON 316 ^{LS}	Health Economics (4)	HIST 320 ^{7LS}	History of Asian Americans (4)	HIST 398 ^{LS}	World War II: A Global History (4)
ECON 351 ^{LS}	Intermediate Macroeconomics (4)	HIST 327	American History at the Movies (4)	HRM 330 ^{LS}	Personal and Industrial Psychology (4)
ECON 352 ^{LS}	Intermediate Microeconomics (4)	HIST 328 ^{7LS}	Women in Modern U.S. History (4)	HSDS 307 ^{7LS}	Blind, Deaf Blind and Deaf Culture, History and Resources (4)
ETHS 270	Global Blackness (4)	HIST 329 ^{7LS}	Legacies: History of Women and the Family (4)	HSDS 399 ^{7LS}	The Disability Experience in Television and Film (4)
ETHS 303 ^{7LS}	Politics of Racial Resistance and Protest in the United States (4)	HIST 331 ^{9LS}	Religion and Politics in America (4)	HSER 300 ^{LS}	Violence: Origins and Explanations (4)
ETHS 304 ^{10LS}	Environmental Justice and Public Policy (4)	HIST 333 ^{10LS}	The Greening of America: Environmental History since 1900 (4)	HSER 301 ^{LS}	Violence: Individual, Community and Global Responses (4)
ETHS 305 ^{7LS}	Major Issues in U.S. Race Relations (4)	HIST 334 ^{7LS}	The Great Depression of the 1930s (4)	HSER 415 ^{7LS}	Spirituality and Helping (4)
ETHS 306 ^{7LS}	Politics of Mixed Racial Identity (4)	HIST 335 ^{7LS}	A New Birth of Freedom: U.S. Civil War and Reconstruction (4)	HSFS 338 ^{LS}	Family: Racial, Gender and Class Dimensions (4)
ETHS 309 ^{9LS}	Race and Public Policy (4)	HIST 337 ^{LS}	From Roosevelt to Reagan: American History, 1932–1980 (4)	HSFS 339 ^{LS}	Issues and Actions in Family Policy (4)
ETHS 318 ^{7LS}	Trauma and Traumascesapes (4)	HIST 339 ^{LS}	U.S. Foreign Relations, World War I to the Present (4)	HSFS 341 ^{7LS}	Work and Family (4)
ETHS 326 ^{9LS}	Race and Work in American Life (2-4)	HIST 340 ^{LS}	History of Sexuality: Modern Perspectives (4)		
ETHS 332 ^{7LS}	Topics in Contemporary Native North America (4)	HIST 341 ^{8LS}	Special Topics and Issues in History (2-4)		
ETHS 335 ^{9LS}	American Indian Nations: Law, Power and Persistence (4)		The Vietnam War (4)		
ETHS 342 ^{7LS}	Contemporary Issues in Black America (4)				

HSFS 342 ^{7,LS}	Children in U.S. Society (4)	PSYC 315 ^{LS}	Adult Learning (4)	PSYC 380 ^{LS}	Adlerian Psychology (4)
HSFS 343 ^{LS}	The Family: A Social/ Psychological Exploration (4)	PSYC 316 ^{LS}	Holistic Health (2)	PSYC 381 ^{LS}	The American Male (4)
HSG 374 ^{LS}	Aging in America: A Personal and Societal Journey (4)	PSYC 317 ^{LS}	Human Factors (4)	PSYC 382 ^{LS}	Community Services for the Mentally Retarded (4)
IDST 323 ^{10,LS}	Reimagining and Sustaining Sense of Place (4)	PSYC 318 ^{LS}	Humanistic Psychology (2)	PSYC 384 ^{LS}	Education Futures (4)
IDST 327 ^{8,LS}	Mapping Judaism, Christianity, and Islam (4)	PSYC 319 ^{LS}	The Impact of Technology on Human and Organizational Behavior (4)	PSYC 385 ^{LS}	Educational Psychology (4)
IDST 330 ^{7,LS}	Diverse Perspectives in Science, Technology, and Health Studies (4)	PSYC 320 ^{LS}	Individual Differences (4)	PSYC 387 ^{10,LS}	Environmental Psychology (4)
IDST 380 ^{7,LS}	Adult Learning and Social Change (4)	PSYC 321 ^{LS}	Jungian Psychology: Basic Concepts (2)	PSYC 388 ^{LS}	Marriage and Family Relations (4)
IDST 385 ^{LS}	Turning Points: Self-Transformation (4)	PSYC 323 ^{LS}	The Nature of Creativity: A Psychological Perspective (4)	PSYC 389 ^{LS}	Mental Retardation: Adulthood and Old Age (4)
SSCI 396T ^{8,LS}	Travel and Culture Theory Seminar (4)	PSYC 324 ^{LS}	Practical Behavior Analysis and Modification (4)	PSYC 390 ^{LS}	Developmental Disabilities: Issues, Assessment and Intervention (4)
INFS 340 ^{1,LS}	Research in Special Collections and Archives (4)	PSYC 325 ^{LS}	Psychoanalysis and Other Dynamic Theories (2)	PSYC 392 ^{LS}	Psychology and Education of the Gifted (4)
LING 316 ^{8,LS}	The Nature of Language (4)	PSYC 327 ^{LS}	Psychological Testing (4)	PSYC 393 ^{LS}	Special Education Overview (4)
LING 326 ^{8,LS}	Language and Culture (4)	PSYC 328 ^{7,LS}	Psychology of African Americans (4)	PSYC 393T ^{LS}	Special Education Overview Theory Seminar (4)
LING 327 ^{7,LS}	Language and Society (4)	PSYC 329 ^{LS}	Psychology of Humor (4)	PSYC 394 ^{LS}	Vocational Rehabilitation of Persons with Disabilities (4)
LING 346 ^{7,LS}	Language and Gender (4)	PSYC 330 ^{LS}	Psychology of Learning: Contemporary Theories and Applications (4)	PSYC 395 ^{LS}	Coaching Psychology (4)
POL 101 ⁹	Introduction to American Government and Politics (4)	PSYC 331 ^{LS}	Psychology of Men (4)	PSYC 397 ^{LS}	Developmental Disabilities: Issues, Concepts and Problem Solving (4)
POL 301 ^{9,LS}	Citizenship in a Global Context (4)	PSYC 332 ^{LS}	Psychology of Personality (4)	PSYC 399 ^{LS}	Applied Psychology Research Internship (3)
POL 304 ^{8,LS}	Social Movements in Global Perspective (4)	PSYC 333 ^{LS}	Psychology of Victims (4)	PSYC 417 ^{LS}	Language and Communication Development in Early Childhood Education (4)
POL 305 ^{9,LS}	Elections and Political Parties (4)	PSYC 333T ^{LS}	Victimization Theory Seminar (4)	RELS 307 ^{6,LS}	Civil Religion: Theory, Practice, Analysis (4)
POL 311 ^{9,LS}	Community Organizing and Social Action (4)	PSYC 334 ^{9,LS}	Peace Studies and the Psychology of Peace (4)	RELS 309 ^{8,LS}	Justice and Peace in Judaism, Christianity and Islam (4)
POL 312 ^{9,LS}	Advocacy for Policy Change (4)	PSYC 335 ^{7,LS}	Psychology of Women (4)	RELS 380 ^{8,LS}	Muslim Identities in the United States (4)
POL 319 ^{9,LS}	Capitalism, Democracy, and Inequality (4)	PSYC 336 ^{LS}	Social Psychology (4)	SOC 101 ⁷	Introduction to Sociology (4)
POL 321 ^{8,LS}	Approaches to World Politics (4)	PSYC 337 ^{LS}	Sports Psychology (4)	SOC 301 ^{7,LS}	Contemporary Sociology (4)
POL 331 ^{LS}	Law and the Legal Process (4)	PSYC 338 ^{LS}	The Unconscious and Dreamwork (4)	SOC 304 ^{8,LS}	Social Movements in Global Perspective (4)
POL 332 ^{7,LS}	Gender and the Law (4)	PSYC 339 ^{LS}	Working with Children in the Middle Years (4)	SOC 306 ^{7,LS}	Deviance and Social Control (4)
POL 333 ^{9,LS}	Constitutional Law: Civil Rights and Civil Liberties (4)	PSYC 340 ^{LS}	Understanding Death and Dying (4)	SOC 309 ^{9,LS}	Homelessness: Critical Issues for Policy and Practice (4)
POL 381T ^{9,LS}	Community Leadership: Principles and Approaches (4)	PSYC 341 ^{LS}	Violence and the Media: Psychological Effects of Film and Popular Music (4)	SOC 310 ^{9,LS}	City Life: Space, Places and Community Life (4)
PSYC 100	General Psychology (4)	PSYC 343 ^{LS}	Drugs and Behavior: An Introduction to Behavioral Pharmacology (4)	SOC 311 ^{9,LS}	Community Organizing and Social Action (4)
PSYC 212 ⁷	Introduction to Diversity and Ethics in Psychology (3)	PSYC 344 ^{LS}	Personnel and Industrial Psychology (4)	SOC 317 ^{7,LS}	Women in Minnesota Life: Education, Politics and Social Change (4)
PSYC 250	Academic and Career Pathways in Psychology (2)	PSYC 346 ^{LS}	Health Psychology (4)	SOC 321 ^{7,LS}	Food, Culture, and Society (4)
PSYC 300 ^{LS}	Abnormal Psychology (4)	PSYC 347 ^{LS}	Positive Psychology (4)	SOC 325 ^{7,LS}	The Body in Society (4)
PSYC 301 ^{LS}	Adolescent Psychology (4)	PSYC 350T ^{LS}	Early Childhood Programs: Management Principles and Applications Theory Seminar (4)	SOC 329 ^{7,LS}	Race and Ethnicity: Sociological and Anthropological Perspectives (4)
PSYC 302 ^{LS}	Adult Development and Lifelong Learning (4)	PSYC 351T ^{LS}	Early Childhood Programs: Regulatory/Financial/Facility Management Theory Seminar (4)	SOC 331 ⁹	Animals, Culture, and Society (4)
PSYC 303 ^{LS}	Artificial Intelligence (4)	PSYC 352T ^{LS}	Early Childhood Programs: Advocacy and Communications Theory Seminar (4)	SOC 381 ^{9,LS}	Community Leadership Principles and Approaches (4)
PSYC 304 ^{LS}	Battered Women: An Historical and Social Perspective (4)	PSYC 353 ^{LS}	Selected Topics in Early Childhood (2-4)	SOC 383 ^{7,LS}	Careers in Social Issues: Applied and Public Anthropology and Sociology (4)
PSYC 304T ^{LS}	Violence Against Women Theory Seminar (4)	PSYC 356 ^{7,LS}	Early Childhood Development within a Social/Cultural and Historical Context (3)	SSCI 100 ⁷	Introduction to Social Science (4)
PSYC 305 ^{LS}	Behavior Disorders in Children (4)	PSYC 357 ^{LS}	Observing and Assessing Young Children: Birth Through Age Five (3)	SSCI 311 ^{LS}	Research Methods in Social Science (4)
PSYC 306 ^{LS}	Child Abuse (4)	PSYC 359 ^{LS}	Positive Behavior Guidance (3)	SSCI 365 ^{LS}	Social Science Group Internship: Civic Engagement and Public Life (4)
PSYC 307 ^{LS}	Data/Statistical Analysis for the Behavioral Sciences (4)	PSYC 360 ^{LS}	Friday Forum Topics (2-4)	SSCI 512 ^{LS}	Qualitative Research Methods (4)
PSYC 308 ^{LS}	Child Psychology (4)	PSYC 363 ^{LS}	Community Psychology (4)	TCID 394 ^{LS}	Theories of Fun and Play (4)
PSYC 308T ^{LS}	Child Psychology Theory Seminar (4)	PSYC 367 ^{LS}	Human Sexuality (4)		
PSYC 311 ^{LS}	Life Span Developmental Psychology (4)	PSYC 368 ^{7,LS}	Psychology of the LGBT Community (4)		
PSYC 313 ^{LS}	Family Systems (4)	PSYC 370 ^{9,LS}	Political Psychology (4)		

Goal 6: Humanities and the Fine Arts (six or more credits from two or more disciplines)

ARTS 106	Introduction to Drawing (4)	ARTS 207	Introduction to Painting (4)	ARTS 309 ^{LS}	Photography: History of a Visual Artform (4)
ARTS 115	Introduction to Photography (4)	ARTS 301 ^{LS}	Current Topics (2-4)	ARTS 311 ^{LS}	Watercolors (4)
ARTS 140	Introduction to Sculpture (4)	ARTS 302 ^{LS}	Exhibition Practices: Group Internship (2)	ARTS 316 ^{LS}	Intermediate Photography (4)
ARTS 200 ⁹	Creating Change through Communication, Writing and the Arts (4)	ARTS 304 ^{LS}	Topics in Fibers (2-4)	ARTS 319 ^{LS}	Topics in Printmaking (4)
ARTS 203	Introduction to Digital Arts (4)	ARTS 306 ^{LS}	Intermediate Drawing (4)	ARTS 320 ^{LS}	Topics in Clay: Variable Subtitles (3)
ARTS 300 ^{LS}	Museums and Galleries (4)	ARTS 307 ^{LS}	Intermediate Painting (4)	ARTS 323 ^{LS}	Intermediate Photography (4)
				ARTS 402 ^{7,LS}	Art in Public Spaces (4)

CJS 375 ^{9,LS}	Criminal Justice Ethics (3)	LIT 330 ^{LS}	Children's Literature (4)	PHIL 366 ^{7,LS}	Race and Racism: Philosophical Problems (4)
COMM 200 ⁹	Creating Change through Comm., Writing and the Arts (3)	LIT 332 ^{LS}	Adolescent Literatures (4)	PHIL 375 ^{LS}	Ancient Greek Philosophy (4)
ETHS 100 ⁷	Introduction to Ethnic Studies (4)	LIT 341 ^{LS}	American Literature: Beginnings–1870 (4)	PHIL 376 ^{LS}	Early Modern European Philosophy (4)
ETHS 200 ⁷	Theories of Race, Ethnicity and Culture (4)	LIT 342 ^{7,LS}	American Literature: 1870–Present (4)	PHIL 378 ^{LS}	Contemporary Epistemology and Metaphysics (4)
ETHS 231 ⁸	Global Native and Indigenous Studies (4)	LIT 349 ^{10,LS}	American Nature Writers (4)	PHIL 379 ^{LS}	Contemporary Moral Theory (4)
ETHS 250 ⁷	Social and Cultural Ecologies of Latinos in the United States (4)	LIT 361 ^{7,LS}	African-American Literature (4)	RELS 301 ^{LS}	Introduction to Religious Studies (4)
ETHS 302 ^{7,LS}	Immigrant Communities and the Trajectories of Othering (4)	LIT 362 ^{7,LS}	Black Women Writers (4)	RELS 301T ^{LS}	Introduction to Religious Studies Theory Seminar (4)
ETHS 311 ^{7,LS}	Understanding Racial and Ethnic Groups in the United States (4)	LIT 363 ^{7,LS}	Native American Oral and Written Narratives (4)	RELS 302 ^{LS}	Intro to the Hebrew Bible (the Old Testament) (4)
ETHS 361 ^{7,LS}	History of Asian Americans (4)	LIT 364 ^{8,LS}	Literature by Immigrants of Color (4)	RELS 303 ^{LS}	Intro to the Christian Scriptures (the New Testament) (4)
ETHS 381 ^{7,LS}	Race and Racism: Philosophical Problems (4)	LIT 365 ^{8,LS}	Asian Women Writers(4)	RELS 303T ^{LS}	Introduction to the Christian Scriptures (the New Testament) Theory Seminar (4)
GNDR 270 ⁷	Gender, Race and Popular Culture (3)	LIT 368 ^{8,LS}	Asian and Asian Diasporic Literatures (4)	RELS 304 ^{8,LS}	Introduction to World Religions (4)
GNDR 306 ^{7,LS}	Philosophy and Sexuality (4)	LIT 369 ^{8,LS}	African and African Diasporic Literatures (4)	RELS 305 ^{8,LS}	Jewish-Christian Encounter (4)
GNDR 365 ^{7,LS}	The Cultural Politics of GLBT Sexuality (4)	LIT 371 ^{LS}	English Literature: Beginnings–1800 (4)	RELS 306 ^{7,LS}	The Spiritual Journey (4)
GNDR 369 ^{7,LS}	GLBT Issues in Literature and Film (4)	LIT 372 ^{8,LS}	English Literature: 1800–Present (4)	RELS 308 ^{8,LS}	World of Islam (4)
GNDR 377 ^{7,LS}	Women and Religion (4)	LIT 383 ^{7,LS}	Latinx Literature of the U.S. (4)	RELS 312 ^{8,LS}	Religious Traditions of China (4)
HMNG 104	HMong Worldview Through Language (4)	LIT 390*	Authors and Topics in Literature (2-4)	RELS 314 ^{8,LS}	Hmong Spirituality (4)
HUM 101	The World of Ideas: Ancient and Medieval (3)	LIT 401 ^{8,LS}	Literature of the Global South (4)	RELS 322 ^{7,LS}	American Indian Spirituality (4)
HUM 102	The World of Ideas: Modern (3)	MDST 330 ^{LS}	Topics in Film Studies (1-4)	RELS 323 ^{9,LS}	Religion and Social Justice (4)
HUM 104	HMong Worldview Through Language (4)	MDST 370 ^{LS}	Contemporary Cinema (4)	RELS 333 ^{7,LS}	Race and Religion (4)
HUM 308 ^{10,LS}	Global Humanities: Ancient Cultures (4)	MDST 371 ^{LS}	American Film: Tradition and Trends (4)	RELS 344 ^{LS}	Religion and Psychology (4)
HUM 309 ^{LS}	Ancient and Medieval Monsters (4)	MDST 375 ^{7,LS}	Women in Film (4)	RELS 355 ^{LS}	Religion and Politics in America (4)
HUM 313 ^{LS}	Medieval Civilization (4)	MUSC 133	Class Guitar I (3)	RELS 366 ^{LS}	Religion, Morality and Contemporary U.S. Society (4)
HUM 314 ^{LS}	The Renaissance (4)	MUSC 220	Music Appreciation (4)	RELS 377 ^{7,LS}	Women and Religion (4)
HUM 315 ^{LS}	The Enlightenment (4)	MUSC 322 ^{LS}	Topics in Music (4)	RELS 390 ^{7,LS}	Zen Buddhism in American Culture (4)
HUM 316 ^{8,LS}	Romanticism (4)	MUSC 330 ^{LS}	Experimental Music (4)	SCRW 213 ^{LS}	Beginning Screenwriting (4)
HUM 317 ^{8,LS}	Modernism (4)	MUSC 333 ^{LS}	Applied Guitar Study (4)	SCRW 300	Special Topics: Variable Subtitles (2/4)
HUM 318 ^{LS}	Global Postmodernism (4)	PHIL 100	Multicultural Introduction to Philosophy (4)	SCRW 315 ^{LS}	Film Production and Editing I (4)
HUM 321 ^{LS}	Myth (4)	PHIL 102 ⁹	Philosophy, Film and the Meaning of Life (4)	SCRW 320 ^{LS}	Excluded Voices of American Cinema (4)
HUM 326 ^{LS}	World Folklore (4)	PHIL 105	Human Nature: Global Perspectives (4)	TCID 383 ^{LS}	Writing for Video Games (4)
HUM 333 ^{7,LS}	The Photo and the Other (4)	PHIL 106	Philosophy, Spirituality, and Religious Diversity" (4)	TCID 390 ^{LS}	Introduction to Game Design (4)
HUM 335 ^{LS}	Land, Knowledge, and Identity through Indigenous Languages (4)	PHIL 107 ⁹	We Make the Road by Walking: An Introduction to Practical Philosophy (4)	TCID 392 ^{LS}	Game, Level, and Character Design (4)
HUM 364 ^{7,LS}	The Harlem Renaissance (4)	PHIL 301 ^{9,LS}	Ethical Inquiry (4)	TCID 393 ^{LS}	Writing in Interactive Environments (4)
HUM 370 ^{8,LS}	African Film (4)	PHIL 302 ^{9,LS}	Philosophy Now(4)	THEA 201 ¹	Storytelling (3)
HUM 380 ^{10,LS}	Environmental Humanities (4)	PHIL 303 ^{LS}	Principles of Inquiry: Ways of Knowing (4)	THEA 303 ^{LS}	The Live Theater Experience (4)
IDST 370 ^{7,LS}	Cinema, Self and Other (4)	PHIL 306 ^{7,LS}	Philosophy and Sexuality (4)	THEA 321 ^{LS}	The Art of Reading Plays (4)
LIT 100	Introduction to Literature (3)	PHIL 310 ^{10,LS}	Environmental Philosophy (4)	THEA 333 ^{9,LS}	Staging Dissent: Performing Activism and Civic Engagement (4)
LIT 161	Global Graphic Novel (4)	PHIL 320 ^{9,LS}	Business Ethics (4)	THEA 351 ^{LS}	Production and Performance Laboratory (4)
LIT 300 ^{LS}	Literary Analysis (3)	PHIL 321 ^{9,LS}	Medical Ethics (4)	THEA 387 ^{LS}	Theater History II (4)
LIT 301 ^{LS}	The Short Story (4)	PHIL 325 ^{9,LS}	Criminal Justice Ethics (4)	THEA 390 ^{LS}	The Evolution of Western Theater (4)
LIT 302 ^{LS}	The Novel (4)	PHIL 327 ^{9,LS}	Ethics in the Information Age (4)	THEA 400 ^{LS}	Playwriting (4)
LIT 303 ^{LS}	Drama (4)	PHIL 334 ^{LS}	Philosophy for Children (4)	WRIT 251	Introduction to Creative Writing (4)
LIT 307 ^{LS}	Poetry (4)	PHIL 352 ^{9,LS}	Borders, Walls, Us and Them(4)PHIL 354 ^{LS}	WRIT 300 ^{7,LS}	Creative Writers, Identity and Race in the Twin Cities (4)
LIT 312 ^{7,LS}	Women Writers (4)	PHIL 362 ^{7,LS}	Economic Justice: Who Gets What and Why? (4)	WRIT 353 ^{LS}	Writing Short Fiction (4)
LIT 315 ^{LS}	Gender in Literature and Film (4)	PHIL 365 ^{7,LS}	Philosophy and Blackness (4)	WRIT 359 ^{LS}	Boot Camp: Creative Writing for Non-Majors (4)
LIT 326 ^{8,LS}	Love and Sex in Pre-Modern World Literature (4)		The Cultural Politics of GLBT Sexuality (4)		
LIT 327 ^{LS}	The Fairy Tale (4)				

Goal 7: Human Diversity (three or more credits)

ANTH 309 ^{5,LS}	New Neighbors: The U.S. Hmong Community (4)	COMM 233	Introduction to Intercultural Communication (3)	ETHS 250 ⁶	Social and Cultural Ecologies of Latinas/os in the United States (4)
ANTH 328 ^{5,LS}	Anthropology of Immigrants and Refugees (4)	COMM 372 ¹	Health Communication (4)	ETHS 252	Latina/os in Minnesota (2)
ANTH 329 ^{5,LS}	Race and Ethnicity: Sociological and Anthropological Perspectives (4)	ECON 315 ^{5,LS}	Economics of Diversity (4)	ETHS 262	Asian Americans in Minnesota (2)
ANTH 383 ^{5,LS}	Careers in Social Issues: Applied and Public Anthropology and Sociology (4)	EDU 203	Multicultural Education (4)	ETHS 302 ^{6,LS}	Immigrant Communities and the Trajectories of Othering (4)
ARTS 402 ^{6,LS}	Art in Public Spaces (4)	EDU 451 ^{LS}	Refugees and Immigrants in Urban Schools (3)	ETHS 303 ^{5,LS}	Politics of Racial Resistance and Protest in the United States (4)
CJS 360 ^{5,LS}	Diversity Issues in Criminal Justice (3)	ETHS 100 ⁶	Introduction to Ethics Studies (4)	ETHS 305 ^{5,LS}	Major Issues in U.S. Race Relations (4)
		ETHS 200 ⁶	Theories of Race, Ethnicity and Culture (4)	ETHS 306 ^{5,LS}	Politics of Mixed Racial Identity (4)
		ETHS 232	American Indians in Minnesota (2)	ETHS 311 ^{6,LS}	Understanding Racial and Ethnic Groups in the United States (4)
		ETHS 244	African Americans in Minnesota (2)		

LIT 401 ^{6,LS}	Literature of the Global South (4)	RELS 309 ^{5,LS}	Justice and Peace in Judaism, Christianity and Islam (4)	SOC 304 ^{5,LS}	Social Movements in Global Perspective (4)
MDST 378 ^{LS}	World Cinema (4)	RELS 312 ^{6,LS}	Religious Traditions of China (4)	SPAN 101	Beginning Spanish I (4)
MKTG 480*	International Marketing (4)	RELS 314 ^{6,LS}	Hmong Spirituality (4)	SPAN 102	Beginning Spanish II (4)
OJIB 100	Ojibwe Culture and Language (4)	RELS 380 ^{5,LS}	Muslim Identities in the United States (4)	SPAN 201	Intermediate Spanish I (4)
OJIB 101	Beginning Ojibwe I (4)			SPAN 202	Intermediate Spanish II (4)
POL 304 ^{5,LS}	Social Movements in Global Perspective (4)				
POL 321 ^{5,LS}	Approaches to World Politics (4)				
RELS 304 ^{6,LS}	Introduction to World Religions (4)				
RELS 305 ^{6,LS}	Jewish-Christian Encounter (4)				
RELS 308 ^{6,LS}	World of Islam (4)				

Goal 9: Ethical and Civic Responsibility (three or more credits)

ARTS 200 ⁶	Creating Change Through Communication, Writing and the Arts (4)	MDST 310 ^{LS}	Visual Communication (4)	POL 381T ^{5,LS}	Community Leadership: Principles and Approaches(4)
CJS 375 ^{6,LS}	Criminal Justice Ethics (3)	PHIL 102 ⁶	Philosophy, Film and the Meaning of Life (4)	PSYC 334 ^{5,LS}	Peace Studies and the Psychology of Peace (4)
COMM 200 ⁶	Creating Change Through Communication, Writing and the Arts (4)	PHIL 107 ⁶	We Make the Road by Walking: An Introduction to Practical Philosophy (4)	PSYC 370 ^{5,LS}	Political Psychology (4)
COMM 320 ^{1,LS}	Individual Rights and Discourse (4)	PHIL 301 ^{6,LS}	Ethical Inquiry (4)	RELS 307 ^{LS}	Civil Religion: Theory, Practice and Analysis (4)
ETHS 309 ^{5,LS}	Race and Public Policy (4)	PHIL 302 ^{6,LS}	Philosophy Now(4)	RELS 323 ^{6,LS}	Religion and Social Justice (4)
ETHS 326 ^{LS}	Race and Work in American Life (2-4)	PHIL 320 ^{6,LS}	Business Ethics (4)	SOC 309 ^{5,LS}	Homelessness: Critical Issues for Policy and Practice (4)
ETHS 327 ^{7,LS}	Racial and Ethnic Futurisms: Presence, Empowerment, and Imagination (4)	PHIL 321 ^{6,LS}	Medical Ethics (4)	SOC 310 ^{5,LS}	City Life: Space, Places and Community Life (4)
ETHS 335 ^{5,LS}	American Indian Nations: Law, Power and Persistence (4)	PHIL 325 ^{6,LS}	Criminal Justice Ethics (4)	SOC 311 ^{5,LS}	Community Organizing and Social Action (4)
HIST 309 ^{5,LS}	Women and Public Activism (4)	PHIL 327 ^{6,LS}	Ethics in the Information Age (4)	SOC 331 ⁵	Animals, Culture, and Society (4)
HIST 331 ^{5,LS}	Religion and Politics in America (4)	PHIL 352 ^{6,LS}	Borders, Walls, Us and Them (4)	SOC 381 ^{5,LS}	Community Leadership Principles and Approaches (4)
HIST 348 ^{5,LS}	U.S. Legal History: A Survey (4)	POL 101 ⁵	Introduction to American Government and Politics (4)	TCID 345 ^{LS}	Rhetorics of Health, Medicine, and Social Justice (4)
IDST 310 ^{LS}	Principles of Civic Engagement (4)	POL 301 ^{5,LS}	Citizenship in a Global Context (4)	THEA 333 ^{9,LS}	Staging Dissent: Performing Activism and Civic Engagement (4)
IDST 321 ^{LS}	Human Rights and the Educated Citizen (4)	POL 305 ^{5,LS}	Elections and Political Parties (4)		
IDST 325	Perspectives on Peace (4)	POL 311 ^{5,LS}	Community Organizing and Social Action (4)		
		POL 312 ^{5,LS}	Advocacy for Policy Change (4)		
		POL 319 ^{5,LS}	Capitalism, Democracy, and Inequality (4)		
		POL 333 ^{5,LS}	Constitutional Law: Civil Rights and Civil Liberties (4)		

Goal 10: People and the Environment (three or more credits)

ANTH 101 ⁵	Human Origins (3)	GEOL 118 ³	Environmental Geology (4)	NSCI 204 ³	Environmental Science (4)
BIOL 315 ^{LS}	Limnology (5)	GEOL 314 ^{LS}	Earth Surface Environments (5)	NCSI 206 ³	Garden Science (4)
BIOL 320 ^{LS}	Ecosystem and Global Ecology (5)	HIST 333 ^{5,LS}	The Greening of America: Environmental History since 1900 (4)	PHIL 310 ^{6,LS}	Environmental Philosophy (4)
BIOL 415 ^{LS}	Pollution Ecology (3)	HIST 363 ^{5,LS}	World Environmental History (4)	PHYS 105 ³	Air, Weather and Climate (4)
CHEM 107 ³	Chemistry, Society and the Environment (4)	HUM 335 ^{LS}	Land, Knowledge, and Identity through Indigenous Languages(4)	PSYC 387 ^{5,LS}	Environmental Psychology (4)
CHEM 311 ^{3,LS}	Environmental Chemistry (5)	HUM 380 ^{6,LS}	Environmental Humanities (4)	STAT 353 ^{LS}	Environmental Statistics (4)
+CHEM 311L	Environmental Chemistry Laboratory (0)	IDST 323 ^{5,LS}	Reimagining and Sustaining Sense of Place (4)	TCID 375 ^{LS}	Environmental Communication (4)
ECON 311 ^{5,LS}	Economics of the Environment (4)	LIT 349 ^{6,LS}	American Nature Writers (4)		
ETHS 304 ^{5,LS}	Environmental Justice and Public Policy (4)	MATH 102	Mathematics of Sustainability (4)		
GEOG 201 ⁵	Introduction to Geography (3)	NSCI 201 ³	Minnesota Ecology and Conservation Biology (4)		

General Education and Liberal Studies (GELS) Electives

The following courses will not meet goal area requirements, but can be used as General Education Electives to meet the 48-credit requirement. Any course numbered 300 or higher may be used to meet the Liberal Studies requirement. Courses listed for goals 1–10 (except for courses marked with an asterisk [*]) may also be used as electives.

BIOL 310 ^{LS}	Ecology (5)	PRSP 301 ^{LS}	Perspectives: Educational Philosophy and Planning (4)	WRIT 101	Introduction to College Writing (3)
BIOL 311 ^{LS}	Plant Physiology (5)	SCRW 314 ^{LS}	New Screenplay Forms (4)	WRIT 324 ^{LS}	Topics in Writing (4)
BIOL 312 ^{LS}	Evolution (5)	SCRW 315 ^{LS}	Film Production and Editing I (4)	WRIT 331 ^{LS}	Writing in Your Major (4)
BIOL 316 ^{LS}	Behavioral Ecology (5)	SCRW 410 ^{LS}	Film Production and Editing II (4)	WRIT 341 ^{LS}	Writing the News in a Digital World (4)
ECON 420 ^{LS}	Money, Banking and Financial Institutions (4)	SCRW 415 ^{LS}	Advanced Screenwriting (4)	WRIT 342 ^{LS}	Writing for Online and Print Magazines (4)
HSG 384 ^{LS}	Civic Engagement: Focus in Later Life (4)	SCRW 416 ^{LS}	Projects in Screenwriting (4)	WRIT 343 ^{LS}	Writing Social Commentary (4)
ICS 100	Introduction to Computer Technology Concepts (2)	TCID 301 ^{LS}	Professional and Technical Writing Careers (2)	WRIT 352 ^{LS}	Writing Memoir and Creative Nonfiction (4)
ICS 120	Microcomputer Applications (2)	TCID 302	Content Strategy (2)	WRIT 353 ^{LS}	Writing Short Fiction (4)
ICS 125	Understanding and Using the Internet (2)	TCID 344 ^{LS}	Writing for Publication and Profit (4)	WRIT 354 ^{LS}	Writing Poetry (4)
ICS 377 ^{LS}	Interaction Design for User Experience (4)	TCID 371 ^{LS}	Editing (4)	WRIT 355 ^{LS}	Writing Children's Literature (4)
INFS 115	Information Access (2)	TCID 372 ^{LS}	Document and Information Design I (4)	WRIT 356 ^{LS}	Writing Humor (4)
INFS 315 ^{LS}	Searching for Information (4)	TCID 373 ^{LS}	Writing and Designing for the Web I (4)	WRIT 357 ^{LS}	Writers as Readers (4)
INFS 335 ^{LS}	Youth Participation and Teen Literature (3)	TCID 374 ^{LS}	Creating Intelligent Content (4)	WRIT 358 ^{LS}	1000 Words or Less (4)
INFS 338 ^{LS}	The Craft and Commerce of Book Publishing (4)	TCID 461 ^{LS}	Writing and Technical Communication Capstone (4)	WRIT 371 ^{LS}	Editing (4)
INFS 340 ^{LS}	Research in Special Collections and Archives (4)	TCID 531 ^{LS}	Advanced Writing (4)	WRIT 392 ^{LS}	Literacy Corps Group Internship: Literacy Tutors (3-4)
LING 547 ^{LS}	History of the English Language (4)	TCID 532 ^{LS}	Writing about Place (4)	WRIT 393 ^{LS}	Literacy Corps Group Internship: Family Literacy (3-4)
MATH 471 ^{LS}	Abstract Algebra (4)	TCID 571 ^{LS}	Advanced Editing (4)	WRIT 481 ^{LS}	Advanced Creative Writing (4)
MDST 560 ^{LS}	Writing for Television (4)	TCID 572 ^{LS}	Document and Information Design II (4)	WRIT 531 ^{LS}	Advanced Writing (4)
MDST 561 ^{LS}	Advanced Television Writing (4)	TCID 573 ^{LS}	Writing and Designing for the Web II (4)	WRIT 532 ^{LS}	Writing about Place (4)
MDST 580 ^{LS}	Impacts of Mediated Communication (4)	TCID 574 ^{LS}	Usability for Technical Communication (4)	WRIT 571 ^{LS}	Advanced Edit
METR 101	Your Academic Journey (3)	TCID 577 ^{LS}	Design of User Experience (4)		
MIS 100	Fundamentals of Information Technology in Organizations (4)	TCID 583 ^{LS}	Writing Major Projects (4)		
		TCID 599 ^{LS}	Advanced Topics (4)		
		TCID 599A ^{LS}	Special Topics in International Study (4)		